

Oak Ridge Cheerleader/Mascot Guidelines

The purpose of these guidelines is to provide a framework for CISD Cheerleader, coaches, and administrators by which to develop campus rules and procedures pertaining to the cheerleader programs on their respective campuses. Individual campuses may have additional guidelines for addressing specific cheerleader/mascot infractions.

I. Purpose:

- A. To promote and uphold loyal school spirit throughout the year.
- B. To encourage good sportsmanship among the students.
- C. To improve relationships between schools during athletic events.
- D. To represent the school and district as a positive role model and leader.
- E. To represent the school in sanctioned Cheerleader/Mascot competitions, sporting events, and school activities.

II. Membership:

- A. Each year, the principal and head cheerleading coach shall determine the number of Cheerleaders/Mascots, the number of squads, and the composition of squads.
- B. Squad selection will be based on 70 percent from judge's scores and 30 percent from CISD coaches' evaluation. (See Addendum A)
- C. Members must try out each year to renew membership.
- D. Cheerleaders/Mascots must pay their dues and fees punctually. A student who has outstanding debt may not try out for cheerleader/mascot the following year until all debt is paid.
- E. Cheerleaders/Mascots may forfeit their membership during a school year if they do not fulfill the expectations outlined in this document.
- F. All varsity cheerleaders will be a part of the UIL/Game Day team, as well as fulfill all obligations as a Varsity cheerleader.
- G. For the 2020-2021 season, Varsity will be participating in UIL/Game Day competitions. Members of the Freshman or Junior Varsity teams may be added to the UIL/Game Day team, but will still be required to fulfill all obligations of their original team.

III. Tryout Requirements:

- A. Cheerleader/mascot candidates must be in good physical shape and be able to participate in long periods of vigorous activity without undue fatigue. Cheerleader/mascot candidates should not have any long-term injuries that would prevent full participation in required activities. All candidates who were previously on a team and were out at any time for an injury must have a release form from a doctor. Any candidate with a release form is expected to participate all year.
- B. Cheerleader/mascot candidates must complete the ONLINE cheerleader/mascot application form using the QR code on the front page and submit a copy of your current physical, or purple physical form if new, and turn it into Coach Ellison prior to the start of the tryout clinic on March 2nd, 2020. Cheerleader/mascot candidates must meet all guidelines or forfeit their candidacy.
- C. If a member moves to another CISD school during a school year, he/she must return all issued equipment and pay all outstanding debts to the former program before trying out for the new program. If a member moves to a non-CISD school, he/she must return all issued equipment and pay all outstanding debts or he/she will be placed on the fees and fines list.
- D. All candidates and one parent/guardian must attend an informational meeting prior to tryouts. Failure to attend the meeting or make arrangements to meet with the head coach prior to the clinic will result in the candidate being disqualified from the tryout process.
- E. Candidates must live in the attendance zone or the candidate must have an approved CISD transfer form at the time of clinic/tryouts to attend the respective school for the 2020-2021 school year. A candidate may only tryout at one CISD school per calendar year.

IV. Tryout Clinic:

- A. The tryout clinic will be open to all students who completed the required online application and submitted physical, attended the tryout meeting, and met all of the requirements for tryouts. The tryout clinic will be held on March 2nd - March 4th after school from 4:30pm-6:30 pm in the large gym. Tryouts will start promptly on March 5th at 3:30 p.m. for all 9th, 10th, and 11th graders and 5:00 p.m. or later for all 8th graders. All candidates are required to stay the entire time of tryouts until call-backs are complete for each level and a release by the coaches have been given.
- B. The tryout clinic will be open to candidates, cheerleading coaches, clinicians, and school administration only. Parents/Candidates will be allowed to videotape tryout material the last 15 minutes of the clinic on the first day only (Monday, March 2nd @ 6:15 p.m.) once the coaches have opened the front entrance doors. Parents may not enter the gym or front entrance at any time. Parents MUST remain outside. Any parents who do not comply with these guidelines will forfeit their child's tryout.
- C. Video cameras, picture/camera phones, ipods, or still cameras are not allowed in the tryout clinic at any time, except Monday for filming during the allotted time. ALL cellular phones must be turned off and put away during all clinics and tryouts. Candidates using these electronic devices will be asked to leave the clinic and/or tryout and will forfeit their candidacy.
- D. Candidates must attend school as set forth by CISD guidelines to be eligible to participate in each day of the clinic and the day of tryouts.

E. All candidates must wear appropriate shorts, a t-shirt, and athletic shoes during the tryout clinic. Sleeveless, spaghetti straps, sports bras only, and tank tops are not allowed at any time. All candidates will wear a solid blue shirt, red solid shorts (no skorts), and athletic shoes on March 5th for tryouts. Flats, slip-ons, and Toms-like shoes are not considered athletic. Hair must be up in a secure pony tail during tryouts. A bow is optional, but candidates will not be allowed to wear a cheer bow. Solid colored bows only. All fingernails must be clear and no longer than the tips of the finger. NO FAKE nails will be allowed at any time. Candidates who do not follow these guidelines will not be allowed to tryout/cheer.

F. Candidates can be evaluated by the coaches during the tryout clinic at any time.

G. No clinician may be hired as a private coach during the clinic or tryouts.

V. Judging of Candidates:

A. The candidate's performance during the Cheerleader/Mascot tryouts will be evaluated and scored by a total panel of 5 (five) professionally, high-qualified judges outside of the community. The lowest and highest score will be dropped, and the average of the remaining three scores will be used in the 70% of the judge's score.

B. Tryouts are closed to spectators. Those eligible for attendance include the coaches, judges, school administrators, and score tabulators. Only candidates, cheerleaders/mascots, coaches, and administrators will be allowed in the warm-up room. Parents are not allowed to enter the lobby area, the gym, or warm-up room at any time. Any seniors who are caught disrupting tryouts, leaving, or trying to watch tryouts will be removed from the area and may receive a discipline referral.

C. Score sheets are confidential and shall be secured by the campus administrator after the tryout is complete.

D. A candidate may elect to view his/her individual judges' score sheets following the tryout. Candidates may not view or be told of other candidates' scores, including the range of scores. An appointment must be made with the coach and administrator. The score sheet may only be viewed at school and shall not be removed from or copied at the conference. Score sheets are only available for ten (10) school days following the tryout session or the earliest date the administrator and coach are available.

E. Candidates may be required to perform a specific cheer(s), jump(s), chant(s), tumbling, dance, and stunt (males only) at tryouts.

F. Selection of a cheerleader shall be based on 70 points from judges' evaluation and 30 points from CISD coaches' tryout evaluation. (See Addendum A for judging criteria). Coaches' scores will be determined after the tryout clinic is complete and will be based on not only participation and discipline during the clinic, but will also be based on school discipline, attendance, and leadership skills. (See Addendum A for coaches' score criteria). Anyone new to the program or non-members of the current school year will receive five points out of ten in the Leadership section of the Coach's Score Sheet. Candidates can either lose or gain up to five more points based off of attendance, behavior, effort, respect, etc. during the Tryout Clinic.

G. Candidates are not allowed to submit video footage place of "face-to-face" evaluation without cheer coach and administrator permission.

VI. Responsibilities, Duties, and Obligations:

A. Participate fully the entire year:

-A Cheerleader/Mascot's year begins the day she/he is elected and ends upon the last cheerleading event as designated by the coach, usually the banquet in May.

-Cheerleaders/Mascots must participate in all cheerleading activities (including tumbling/stunting classes, practices, games, events, team bonding, fundraisers, and competitions.) All practices (including summer and back-to-school), games, pep-rallies, parades, play-off games, camps (including summer), fundraisers, cheer class, and other events as assigned by the coaches are mandatory. All ORHS rules and policies apply at all events.

-A cheerleader/mascot must know cheers and material for performances at all times. Anyone who does not know material at any time throughout the year will be subject to consequences.

-Any upcoming senior who wishes to graduate early in December will not be eligible to tryout.

B. Fulfill all financial obligations punctually:

-The Cheerleader/Mascot is expected to fulfill all the financial obligations required throughout the entire year, including uniforms, camp, clothes, equipment, fees, outside training, etc. Mascots will have the same fees as cheerleaders.

-This includes participating in all fundraisers, meeting fundraiser payoffs/payment dates, paying for equipment/clothing, and replacing items that are lost or damaged.

-If a member of the varsity team fails to participate in a fundraiser(s) by not raising his/her portion of costs, he/she may be obligated to pay the fees out of pocket in order to attend the event and/or compete, and may receive consequences.

- If a cheerleader becomes ineligible and is dismissed from the squad, they maintain the responsibility to meet all financial obligations obtained prior to being dismissed from the cheer program.

-If a cheerleader or mascot has 'unclear' financial obligations, the campus administrator will determine whether or not the squad member will retain active status until all obligations are met.

C. Represent the school with integrity, honesty, and morality:

- Cheerleaders/Mascots are expected to be models of good behavior; less than admirable behavior will not be tolerated. If at any time the coach feels that a cheerleader/mascot is no longer representing herself/himself, her/his squad, or his/her school in a manner that is acceptable, disciplinary action will result.

-Visible Tattoos will not be allowed period. If a cheerleader has a tattoo or decides to get one prior to the ending of the year, it must be in a hidden location and cannot be just covered up. You will not be able to tryout if you have a visible tattoo in uniform, sports bra, or tank. You will be subject to removal if you get one during the season.

D. Remain in good physical shape:

-Cheerleaders/mascots are expected to maintain and to improve all skills demonstrated at tryouts. Failure to do so will result in suspension and may result in removal/replacement/squad change until ability is proven. Any member of the Varsity team can be asked to step down to the Junior Varsity team if skills are not maintained.

-Regular conditioning and training outside of school is expected and encouraged.

-In practices, cheerleaders/mascots will participate in regular cardiovascular training combined with resistance/weight training.

-All cheerleaders/mascots will participate fully to the best of their ability.

E. Adhere to all guidelines set by the American Association of Cheerleading Coaches and Advisers (AACCA), National Federation of HighSchool Spirit (NFHS Spirit), and the UIL guidelines:

-No jewelry of any kind (except medical alert bracelets) may be worn at any time the cheerleader/mascot is in uniform, performing, in class, or practicing. This includes any type of device used to prevent a 'hole' from closing (plastic, metal, clear, etc.). Additionally, it is not acceptable or safe to simply cover piercing with tape or Band-Aids.

-Fingernails must be unpolished or clear while in uniform during games and performances. Nails cannot be longer than the tip of the finger. FAKE NAILS and shellac or any real nails longer than the fingertip are not allowed at all or at ANYTIME!!

-All hair must be pulled back in a secure, tight ponytail while participating in cheerleading events. No hair may be worn down, half-up/half-down, or in the face at any time. Cheerleaders with shoulder length or shorter hair that cannot be pulled into a ponytail must have their hair pulled up on the sides and out of the face.

F. Cheerleaders and Mascots must not utilize or participate in any form/s of derogatory social media, including but not limited to sexting, inappropriate photography and/or videography. Failure to comply will result in immediate disciplinary action.

G. Cheerleaders and Mascots must not utilize any illegal drugs or substances, including but not limited to tobacco products, electronic cigarettes, vape or non-prescribed prescription medication(s).

VII. Cheerleading Class Guidelines:

A. Cheerleaders may receive a P.E. and/or Fine Arts credit for the cheerleading class; therefore, they shall be expected to dress out in the appropriate attire every day. All cheerleaders must be enrolled in the cheer class for the entire year, including seniors.

B. Daily attendance is mandatory. Failure to attend class may result in disciplinary action.

C. Cheer class starts at 6:45 am sharply. Anyone who is not ready and in the gym at the start of class will be considered late. All cheerleaders/mascots are responsible for arriving to class on time in order to avoid having to practice after school.

D. Cheerleaders are expected to be prompt to class and participate fully. Tardiness and lack of participation will result in a lowered grade and disciplinary action.

-If a cheerleader/mascot is going to be absent, she/he must call the coach, email the coach, or text the coach before 6:45 a.m. on the day of the absence. If the coach does not receive word of your absence for whatever reason from you or the parent, you will receive a bench. If you call the school, make sure to request a message be left with the coach, not just the attendance office. Informing another cheerleader of your absence will not count. Coaches must hear from either you or the parent prior to 6:45 a.m. via email, text message, or phone call.

-The only excused absences from class are notes from a Health Care Provider (HCP) or Doctor (DOC), funeral, Court (CRT), a coach approved activity, or a school sponsored activity. If you do not have one of the above, it will result in a bench. Notes must be provided to your coach upon the day of return in order to avoid consequences. Absences that are not cleared in a timely manner will result in a bench even if an approved note can be provided. Make-up work or test, work, driver's license, all-star cheer events, etc. will not be excused. College Visits will only be excused with coach's approval. Notice will need to be given two or more weeks ahead of time.

-In order to participate in events, a cheerleader/mascot must be present at school for at least half a day (i.e. can leave or come back at the start of 5th/6th block).

-In order to participate in events, a cheerleader/mascot must participate in the practice before the event. If the before-the-event practice is missed for whatever reason (injury, illness, no-show, etc.), the cheerleader/mascot will not participate (i.e. miss after school practice on a Thursday then cannot be in pep-rally on Friday).

-If a cheerleader/mascot is out with an injury or ineligible for games and events, she/he will still be responsible for dressing out and participating in class. This time will not be used to put on make-up, study for a test, text, or sleep.

-If you participate in other activities, school or non-school related, a calendar, meeting schedule, and/or practice schedule must be provided to the coach as soon as it is provided to you. Late notification of an absence without prior approval may result in a bench. Notification of absence should be given no less than two weeks prior to the absence. Approval is still needed in order to avoid consequences, and approval is not guaranteed.

-Opportunities for extra credit may be offered throughout the year.

E. The grades shall be based on, but not limited to:

- dressing out
- participation
- tardiness
- physical assessments (ex: running a mile in 10 minutes, push-ups, crunches)
- fulfilling class assignment as determined by the coach.

F. If removed from the squad or forfeits her/his position during the first semester, the cheerleader/mascot will remain in the class until all fines are cleared and uniforms are turned into the coaches. The student will still be responsible for participating in class until the schedule change is made. The schedule change will move the student from cheer and into P.E.

G. If removed from the squad or forfeits her/his position during the second semester, the cheerleader/mascot will remain in the class until all fines are cleared and uniforms are turned into the coaches. The student will still be responsible for participating in class until the schedule change is made. The schedule change will move the student from cheer and into P.E.

H. If removed from the squad or forfeits her/his position at any time, the cheerleader/mascot will not be able to regain status during the same school year. If interested in joining the program again the following year, he/she must tryout again.

VIII. Uniforms:

A. Purchase of Uniform

- The head coach and administration will determine the uniform. Members may be required to purchase an additional uniform.
- All members will be issued a school uniform (up to 2) if the sizes and quantity is available. Cheerleaders/Mascots must sign for the uniform(s) when receiving and sign again when the uniform(s) is returned.
- Lost or damage items must be purchased by the cheerleader/mascot before new pieces are issued.
- Cheerleaders/Mascots will not be allowed to participate if uniform pieces are missing.

B. Care of uniform

- The Cheerleader/Mascot is responsible for the proper care and cleaning of uniforms throughout the year.
- Uniforms must be cleaned and repaired before turning in to the coach at the end of the year.
- Stained garments will be charged to the student. Charges must be paid before trying out, receiving lettering/achievement awards, and/or graduating.

C. Length and Fit

- The coach must approve the uniform fit before it is ordered or worn.
- If at any time the uniform does not fit properly or is too short, the cheerleader/mascot is responsible for getting the uniform fixed.
- After the uniforms have been issued, the coaches have the right to switch a uniform from one girl to the next in order to make sure the uniform fits properly.
- All alterations must be approved by the coach and cannot be permanent in nature (ex. The seamstress may not cut material from the uniform). All alteration fees are the responsibility of the parent/cheerleader/mascot.

D. Shoes and Socks

- Shoes must be clean and in good repair at all times (including the laces). A new pair must be purchased at the start of the new cheer season.
- If they are not clean and in good repair, the parent/cheerleader must purchase the required pair at their own expense.
- All cheerleaders will be required to wear only the ASSIGNED SHOES during events, performances, competition, etc.

E. Use of Uniforms

- Uniforms shall be worn only at scheduled events. If you remain at an event and you are not scheduled to cheer, you must bring a change of clothes to wear. At no time should your uniform be worn outside of a scheduled school event, unless authorized by your coach. At no time should anyone who is not a cheerleader/mascot wear your uniform or any other clothing associated with cheer.
- Uniforms, or any part of the uniform, must remain in the care and possession of the cheerleader/mascot throughout the school year. Other students or adults, including siblings, parents, and best friends, are not allowed to wear any cheerleader items that represent the team (including warm-up jackets, hoodies, camp clothes, etc.).
- If a cheerleader or mascot is removed from the squad or forfeits her/his position, the district-owned uniform pieces must be returned, washed and on hangers, within 10 school days. Any damage, missing items, or cleaning of the uniforms must be paid before school records are cleared.
- Reminder: PDA in or out of uniform is not tolerated.**

IX. Eligibility to Participate

A. Grades: A cheerleader/mascot must maintain passing grades in all subjects, as set forth by UIL guidelines for participation. Please refer to the UIL Grade Reporting calendar.

B. Absences: EXCUSED (must be cleared with your coach first)

-The following list qualifies as an excused absence: a doctor's note (marked DOC/HCP with the school), court, family death, school-sponsored event, or a coach approved event.

-Parental notes (hand written notes from a parent of any type) will not be accepted.

-The coaches must have a copy of the excuse on file. Notes should not be emailed. Excused absences must be cleared on the same day the cheerleader returns.

-Excessive absences, excused and unexcused, indicate that there is a deeper problem. Cheerleaders/mascots are expected to maintain good attendance in all classes and are required to attend all cheerleading practices, events, and games without fail.

C. Absences: UNEXCUSED (family vacations, non-school related events, and other non-UIL activities are unexcused)

-Unexcused absences are those that do not follow proper procedures for procuring "excused" status.

-Unexcused absences are very serious in nature and will result in benching. Depending on frequency, unexcused absences may result in dismissal.

-Make-up work or test, work, driver's license, all-star cheer events, etc. will not be excused. College visits will only be excused with coach's approval. Notice will need to be given two or more weeks ahead of time.

D. Tardies: -Cheerleaders/Mascots are expected to be prompt and punctual.

-The time stated for arrival is the time when all cheerleaders/mascots should be ready to cheer. Restroom needs, primping, uniform needs (including putting on shoes), etc. must be taken care of prior to the arrival time.

-If a tardy occurs in cheer class or at an event, points will be deducted and noted.

-Consecutive tardiness in cheer class may lead to a failing grade.

-If a member receives five or more tardies in a row, whether from class, practice, or events, a bench will be issued.

E. All Other Activities:

-Any cheerleader or mascot who is involved in any other activities MUST give all dates, calendars, schedules, events, conflicts, etc., to your coach as soon as you receive the information. If the coach does not receive notification of an event ahead of time, the cheerleader/mascot will be expected to attend the cheer event. Telling your coach the night before or the day of will not be acceptable.

-Do not expect your coach to excuse you from an event because of a scheduling conflict.

-All cheerleaders/mascots are expected to maintain good communication well in advance with his/her employer if he/she has a job. Having to work will not be an excused absence for any event including practice, fundraisers, or community service.

F. Absent on an event day:

-If a cheerleader/mascot misses a school day on the same day of the event, he/she may not participate in the event.

Extenuating or unusual circumstances may be reviewed by the coaches.

G. ISS/OSS on an event day:

-If a cheerleader/mascot serves ISS/OSS on an event day, he/she will not be able to participate in the event.

X. Safety and Transportation

A. Safety:

-Tumbling will be done on a variety of surfaces, including but not limited to: Football fields, basketball courts, tracks, grass, sand, and dirt. Basket tosses and fulls (tumbling only) are not allowed on the gym floors. These can only be performed on appropriate surfaces.

-Cheerleaders/mascots may not tumble, stunt, or jump without direct supervision and permission from the coach. If a skill is performed without the coach or without permission, a bench will be given.

-Cheerleaders/mascots must master skills in a progressive nature before learning or performing more advanced skills.

-The coach has the right to remove a cheerleader/mascot from participation if she/he feels that the cheerleader/mascot's behavior, attitude, or physical state would be a distraction or safety hazard to the squad.

-Cheerleaders/mascots must have physicals/medical release forms on file prior to participation.

-All AACCA rules will be followed.

B. Injuries/Physical Limitations:

-Cheerleaders/mascots must demonstrate acceptable physical fitness and preparedness at standards determined by the coaches. If athletes do not meet these qualifications, they may not participate until proper conditioning/ability is proven.

-At any time that a cheerleader/mascot does not perform to expectations, she/he can be benched, demoted to another squad, or be referred to the Cheerleader Advisory Board for further action.

-Injuries will be handled as individual situations. All circumstances will be considered. A physician's note is required for any injury prohibiting a member from full participation. Any time a cheerleader/mascot is sitting out, due to injury or otherwise, she/he is still required to dress out and be with the team/coach for the entire practice/event, complying with all uniform rules and expectations.

-Coaches may or may not accept "limited" participation from athletes. This is left to the coach's discretion. For example, coaches can limit a cheerleader from tumbling, but he/she will still be required to complete other necessary activities with the team.

-If a coach believes an athlete's physical condition could be injurious to either the athlete, or other members, the coach has the responsibility to 'sit-out' the athlete until the coach receives a doctor's release at the cheerleader/mascot's expense.

C. Transportation:

-All cheerleaders/mascots must travel to and from 'away' scheduled competitive events, including football games and competitions, on school-authorized transportation.

-A cheerleader/mascot cannot participate until a completed travel card and/or travel form is on file (part of physical paperwork).

XI. Consequences

A. Infractions of the rules may result in extra conditioning, points deducted from cheer class grade, added responsibilities, benching, probation, suspension, or dismissal from the squad depending on the severity/frequency of the incident(s). The coach may elevate consequences depending on the situation and frequency of different actions. Cheerleaders/mascots may receive additional consequences through our organization for disciplinary infractions that result in school assigned consequences.

a. *Extra conditioning:* For non-severe, infrequent violations, extra conditioning may be assigned. Examples of conditioning are as follows: running, crunches, push-ups, sprints, lunges, squats, stamina jumps, standing tumbling, etc.

b. *Benching:* For severe, frequent violations, a bench may be assigned. When a cheerleader/mascot is "benched," she/he is expected to report—in full uniform—to the assigned event and sit with the coach. The cheerleader/mascot is to yell with the cheerleaders and follow all rules she/he would have to follow if cheering. If a cheerleader/mascot is benched for three complete events, the cheerleader/mascot, the parents/guardians, the coach, the cheerleader, and an administrator will meet to determine corrective action. If a fourth bench is received, the cheerleader/mascot may be removed from cheer. During the year, any cheerleader or mascot who misses a major event (i.e. game, pep-rally, fundraiser, appearance, etc.) will receive a bench and will be expected to make-up the next event on another team's schedule.

Example-Varsity cheerleader misses Varsity football game. The following week, he or she will be expected to cheer at the Freshman football game, as well as his/her scheduled game. During the year, any cheerleader or mascot who misses a practice, who does not follow constitution rules, receives an ASD, etc. will be benched at the next major event. Example-cheerleader receives a phone ASD. She will receive a bench and will sit out at the next major event (i.e. pep-rally, performance, game, etc.). Any benched cheerleader/mascot is expected to attend the event and to follow all rules as those who are performing. All make-ups and sit outs dates will be at the coach's discretion.

c. *Probation:* For more serious offenses, cheerleaders/mascots may be placed on probation. Probation is a period of time in which a cheerleader/mascot must not commit any infractions or automatic dismissal will result. The duration of a probation period will be determined by the coach and administration.

d. *Suspension:* The cheerleading coaches can place a cheerleader/mascot on suspension from the squad for up to three weeks (15 school days) at any time. Only the Cheerleader Advisory Board may suspend a cheerleader/mascot for longer than three weeks.

e. *Dismissal:* A cheerleader/mascot may be removed from the team if a fourth bench is obtained. All cheerleaders/mascots shall be eligible to try out for the next cheerleading season regardless of standing. A cheerleader/mascot will receive a 0 on the coach's evaluation (30% of the tryout score) if the cheerleader is removed.

f. *Quitting the program:* Before a cheerleader/mascot is allowed to quit the program, a meeting will be held with the cheerleader, the parents, administration, and the coaches to discuss options. If a cheerleader/mascot quits after clothes have been ordered or camp registration has been paid, the cheerleader/mascot is still responsible for the costs. Once a cheerleader/mascot has quit, she/he cannot be placed back in the program for that season. If she/he decides to try-out for cheerleader/mascot for the next season, she/he will receive a score of a 0 on the coach's evaluation.

g. *Coach's Evaluation:* A cheerleader/mascot may lose points on the coach's evaluations (30% of the tryout score) for the following, but not limited to: probation, suspension, school or cheerleading disciplinary infractions, failing grades or failed to maintain eligibility, poor attendance, etc.

h. *Appeals:* Appeals involving long-term disciplinary action need to be made to the Advisory Board. Only decisions involving suspension or dismissal from the squad may be appealed to the campus principal. The decision of the campus principal is final.

XII. Amendments

A. In the event that a situation arises that is not covered by the procedures set forth in this document, the coach and an administrator shall make the decision regarding that situation.

B. Additions or deletions to the constitution may be made at any time with the approval of the campus principal. If any changes are made, the parents and cheerleaders/mascots shall be notified in writing.

XIII. Lettering/Awards (Varsity Only)

- A. In order to letter, a Cheerleader/Mascot must complete the entire school year, fulfilling all assigned responsibilities. A review of individual performance shall occur before the Spring Banquet to determine if a cheerleader is eligible for letters, jackets, awards, and recognition at the banquet. A cheerleader/mascot must be in good standing-90% participation and no more than two benches.
- B. Letter jackets are only purchased for members who have completed two years in the program. Sophomores can receive a letter, but may not receive the jacket until the end of junior year or beginning of senior year. Freshman can receive a letter, but may not receive the jacket until the end of sophomore year or beginning of junior year
- C. A cheerleader/mascot who is on probation, suspended, removed, or quit will not receive a letter/jacket.
- D. Exceptions may be made by the coach to allow juniors to order jackets in anticipation of the fall of the senior year.

XIV. Transfers from CISD Schools:

- A. Students currently attending CISD secondary campuses are permitted to tryout at only one campus.
- B. Students who have been approved for a transfer to a different district campus are eligible to tryout at the school he/she will be attending in the fall if known and approved prior to the tryout date.
- C. Students who make a cheerleading squad at one campus and then transfer to another campus are not placed on the new school's squad.

XV. Discipline Guidelines (located on the following page)

-These procedures have been set in order to provide for the safety and opportunity of self-discipline for all Cheerleaders and Mascots.

*When a Cheerleader/Mascot is benched three (3) times, there shall be a mandatory meeting with the administration, cheerleading coaches, cheerleader/mascot, and parents to determine corrective actions. The cheerleader/mascot shall be required to dress out fully and follow all rules and regulations upon being benched for any event. He/she is required to attend the event and sit with his/her squad and coach.

*This list is intended to be a guideline. It may not include all possible actions and consequences. The coach and administrator reserve the right to set expectations and possible approved disciplinary consequences.

*Conditioning will be decided by the coach.

*Coaches keep track of all incidents, minor and major. For the 2020-2021 school year, each incident will require the date, description of the incident, and member's initials/signature.

*****ALL events are to be determined by the coaches –can include parades, pep rallies, games, special appearances, community service, fundraisers, and team-building activities. See Discipline sheet for more information.**