

ADDITIONAL UIL/CISD REQUIRED EXTRACURRICULAR ACTIVITY PAPERWORK - THIS INCLUDED STUDENT TRAINERS

Students participating in activities that require a UIL physical will need to complete paperwork in addition to their physical for the 21-22 school year. These activities include Athletics, Cheer, Drill Team, Marching Band, and ROTC. In a continued effort to keep paper use to a minimum, CISD has elected to provide all UIL paperwork in a digital manner.

In addition to the physical, parents should complete the forms online before the student participates in his/her activity.

The on-line program that has been approved by Conroe ISD is Rank One Sport Plus Health. Below is the link to the instructions for you to follow to complete your student's information. This information can be completed on a computer, tablet, or smart phone. Please know that the registration will take a short time.

Online Parent Instructions can be found

at: <https://www.rankonesport.com/tutorials/Parent%20tutorial%20with%20an%20account.pdf>

Online Forms for CISD can be found at:

<https://conroeisd.rankonesport.com/New/NewInstructionsPage.aspx>

If you have any questions or need assistance please contact our Athletic Trainers:

Rebecca Mathews LAT, ATC
rmathews@conroeisd.net
(832) 592-5438

Dani Blackwell LAT, ATC
dkblackwell@conroeisd.net
(832) 592-5467

Todd Murrell LAT
todmurrell@conroeisd.net
(832) 592-5562

ADDITIONAL UIL/CISD REQUIRED EXTRACURRICULAR ACTIVITY PAPERWORK - THIS INCLUDED STUDENT TRAINERS

Students participating in activities that require a UIL physical will need to complete paperwork in addition to their physical for the 21-22 school year. These activities include Athletics, Cheer, Drill Team, Marching Band, and ROTC. In a continued effort to keep paper use to a minimum, CISD has elected to provide all UIL paperwork in a digital manner.

In addition to the physical, parents should complete the forms online before the student participates in his/her activity.

The on-line program that has been approved by Conroe ISD is Rank One Sport Plus Health. Below is the link to the instructions for you to follow to complete your student's information. This information can be completed on a computer, tablet, or smart phone. Please know that the registration will take a short time.

Online Parent Instructions can be found

at: <https://www.rankonesport.com/tutorials/Parent%20tutorial%20with%20an%20account.pdf>

Online Forms for CISD can be found at:

<https://conroeisd.rankonesport.com/New/NewInstructionsPage.aspx>

If you have any questions or need assistance please contact our Athletic Trainers:

Rebecca Mathews LAT, ATC
rmathews@conroeisd.net
(832) 592-5438

Dani Blackwell LAT, ATC
dkblackwell@conroeisd.net
(832) 592-5467

Todd Murrell LAT
todmurrell@conroeisd.net
(832) 592-5562